Transylvania will prevail over economic challenges

The economic crisis that is having such a dramatic effect on our lives is presenting Transylvania with unique challenges. The conservative fiscal policies we have long practiced, bolstered by our commitment to the highest standards of stewardship over the gifts you entrust us with, have served the college well in recent months as we confront the uncertainties of today’s economic landscape. However, like other colleges and universities throughout the country, Transylvania has not been immune from turmoil in the markets.

Our endowment is the centerpiece of Transylvania’s financial strength and stability. Over the past few decades, many people have worked very hard to raise the endowment to a level appropriate to the needs of a high-quality liberal arts college. Today, we are fighting to conserve this essential resource. Due almost completely to the decline in the stock market, the $144 million endowment we achieved in 2007 now stands at approximately $90 million.

We have relied upon returns from our endowment to support 25-30 percent of our operating expenses on an annual basis, with the balance of the revenue coming from tuition and fees, and gifts. It is critical that we find ways to avoid increasing the percentage the endowment contributes to the operating budget, and thereby preserve this fund for the future of the college. To accomplish this, we are reducing operating costs by scrutinizing every dollar spent, seeking to raise additional gifts to compensate for loss of endowment income, and working to maintain enrollment through financial aid to current students and by enrolling another full, highly qualified entering class this fall. Our guiding principle in all of these actions is to do nothing that would compromise the high quality education our students experience at Transylvania.

In spite of the pressures inherent in this new financial situation, I want to assure you that Transylvania stands proud and undiminished in its role of offering young people one of the finest undergraduate educations in America. As we approach next year’s milestone 230th anniversary—an achievement only 15 other colleges in the nation can match—our strengths are numerous. Our current enrollment of 1,158 is an all-time high, our award-winning faculty members are often cited for excellent teaching, and our campus overflows with energy and activity as we greet the new spring.

Many people have worked long and hard to support this venerable institution. Your gift to the annual fund this year can help make the difference at this critical time in our history. Although there is no certainty about future economic trends, there is one thing I am certain of—the unwavering commitment of our alumni, friends, parents, and trustees to this remarkable institution.

Thank you for all you do for Transylvania.

Charles L. Shearer
Features

10 LIVING WELL AT TRANSYLVANIA
A proactive program of information, activities, and academics brings holistic approach to health

14 FACING UP TO FACEBOOK
Transylvania students use Facebook, cell phones to move portion of student life to the on-line world

18 CRIMSON GOES GREEN
Transylvania responds to climate change with dedication to sustainability efforts

20 ANSWERING THE CALL
Recruited by the Mayo Clinic, Kevin Reid ’83 expands career focus to include biomedical ethics

Around Campus

2 Transylvania recognized for academic excellence
4 Transy senior speaks before U.N. session in Poland
5 Campus gathers for inauguration watch party
6 Biology professor makes television appearance

Sports

7 Women’s golf wins HCAC, to play in NCAA tourney
7 Women’s tennis makes HCAC meet for first time
8 Men’s soccer makes HCAC championship game

Alumni News and Notes

22 Class Notes
24 Alumna Profile: Karen Gill ’90
26 Green Lantern is reborn
27 Alumnus Profile: Matt Bricken ’02
28 Alumna bikes across America
29 Marriages, Births, Obituaries

On the cover

Virginia Hamilton, a sophomore from Bardstown, Ky., works out in the fitness center in the Clive M. Beck Athletic and Recreation Center. For a look at the wellness program at Transylvania, see article beginning on page 10. Photo by Joseph Rey Au
Transylvania recognized for educational excellence

Transylvania is included in the 2008 edition of Colleges of Distinction, a guidebook that identifies schools that fall outside the list of nationally high profile, brand-name institutions, but are deemed to offer exceptional undergraduate educations.

Wesley L. Creel, president and founder of Colleges of Distinction, says that the schools chosen for this honor are some of the very best in the country. In his introduction to the guide, he writes, “What they all share is that they are great places to get an education.”

Approximately 40 colleges in each of the six geographical regions of the U.S. were selected as meeting four key criteria that make a college truly exceptional: engaged students, great teaching, vibrant communities, and successful outcomes. Selections were determined by a review board of academicians, guidance counselors, and parents.

“We are pleased with the complimentary review of Transylvania,” said President Charles L. Shearer. “We take great pride in engaging our students, in having excellent professors, and in the successful outcomes of our alumni.”

Colleges of Distinction praised Transylvania for its internship program and said that “Transylvania graduates are known for their ability to think critically and to use inquiry to explore themselves and the world around them.” It also mentions the University’s extensive study abroad and May term programs.

Transylvania’s outstanding faculty was also acknowledged. The guide said, “Professors engage students in small classes, encouraging them to go beyond the course assignments, seek out new knowledge, and see things in a different light.”

The book described Transylvania students as “active in the local community and across the country,” highlighted the career development center, and touted Transylvania’s high acceptance rate to law and medical schools.

Colleges of Distinction concluded Transy’s profile with, “No matter what path a student chooses, Transylvania University works to develop in its graduates lifelong habits of learning, inquiry, and thoughtfulness.”

Empty Bowls program has record year

The economy may be in a downturn, but that did not stop Transylvania and the surrounding community from extending tremendous generosity during the 12th annual Empty Bowls Project at Morlan Gallery.

This year, bowls for the sale were created by Transylvania and Morehead State University ceramics students and their professors, Dan Selter (Transylvania) and Kira Munson Campbell ’96 and Steven Tirone (Morehead). The gallery doors opened at noon on December 3, and within 50 minutes, 500 bowls had sold. By 4 p.m., all bowls were sold out and the project had raised a record $6,638.

The event attracted a wealth of attention, with pieces, donated by local artists, ranged in price from $40-$250.

“There was no doubt in my mind that we would sell all of our bowls, I just didn’t expect to sell almost all of them in the first hour,” said gallery director Andrea Fisher.

A soup supper in the Rafskeller raised still more money for Community Action. This year, the supper coincided with drama professor Tim Soulis’s annual solo performance of the Charles Dickens classic A Christmas Carol in Carrick Theater, with donations taken at the door to benefit Bluegrass Rape Crisis Center.

Giving to the community is a tradition at Transylvania, with $6,638 being donated to the Rape Crisis Center, the Bluegrass United Way, and the Bluegrass Rape Crisis Center.

Mathews is new VP for finance and business

Marc Mathews ’80, former assistant treasurer for the University of Kentucky, joined Transylvania as vice president for finance and business in February. He succeeds Jerry Ray, who served as chief financial officer for 25 years and is continuing in a part-time advisory capacity for several months.

Mathews earned a master’s degree in accounting from UK and brings 28 years of accounting and financial management experience to his new Transy position. At UK, he was senior associate controller (1998-2004), controller (2004-08), and treasurer since January 2008. He previously worked in auditing and financial management at PricewaterhouseCoopers; Ross, Sinclaire & Associates; Century Offshore Management; and Coopers & Lybrand.

A member of the American Institute of Certified Public Accountants and the National Association of College and University Business Officers, Mathews has also been active in community organizations, including United Way, the International Book Project, and Volunteer Center of the Bluegrass. He is national treasurer of Omicron Delta Kappa National Leadership Honorary and a former member of Transylvania’s Alumni Executive Board.

“We are delighted to welcome Marc back to Transylvania in this new role,” said President Charles L. Shearer. “Marc brings a wealth of experience to our finance office that will serve the University well in these challenging economic times.”

Mathews is married to Gwen Williamson Mathews ’88, a former Transylvania admissions officer.
Professorship about drugs begins with successful seminar

How wise is it to use drugs for children struggling with attention deficit disorder? What are the implications of students diverting those same prescription drugs from their intended use to a quick way to induce alertness when studying for an exam? Does a punitive or therapeutic approach—or elements of both—work best when dealing with drug addiction?

Those were among the topics discussed in July during the first formal event of psychology professor Meg Upchurch’s Bingham-Young Professorship titled Drugged America. She hosted a group of 15 faculty and staff members for a week-long seminar that explored the forces contributing to the widespread use of drugs in American society.

One of Upchurch’s goals in the two-year professorship is to involve as many people from the campus community as possible to produce events, in addition to bringing to campus highly qualified speakers. From that perspective, she felt the July seminar was a good beginning.

“I was very pleased that faculty and staff were talking together about the issues,” Upchurch said. “What I am aiming for, and what I saw to a certain extent, is people asking about the root causes—how did we get to where we are today with our frequency of drug use?—and what we might want to change about the situation.”

Upchurch’s program will look at the impact of drugs on American society from a variety of viewpoints, including the use of drugs for medical purposes, how international relations are affected, the economic impact, the problems of drug addiction, and other topics.

“Drugs are so pervasive at all levels of society that I feel this is an important topic common to special expertise in behavioral pharmacology. Her professorship will focus on the use of psychoactive drugs, but also refer to the larger context of drug use in general, including such widespread applications as antibiotics, medications for cholesterol control, birth control pills, alcohol, tobacco, and other types of drugs.

As an example of her broad approach, Upchurch will include a look at the role drugs play in popular music. “If you think of popular music as being both a reflection of our culture and something that might drive peoples’ opinions, then you have to look at things like gangster rap when it focuses on illicit drugs and country music with its sense of the role alcohol plays in our lives.”

The first outside speaker—David E. Courtwright, Presidential Professor in the University of North Florida history department—appeared on campus in October and spoke on “Forces of Habit: Why We Make War on Some Drugs and Not on Others.”

Courtwright discussed different levels of government restrictions on drugs, from the very light, such as age limitations on the purchase of alcohol and tobacco, to the drastic, which include a complete ban on LSD and heroin. He said such restrictions are not always applied in a rational manner.

“If you think about the objective dangers of drugs, we don’t regulate them in accordance with their real danger to health,” Courtwright said. “The health consequences of alcohol and tobacco can be tremendous, look at non-rational, non-public health reasons for the crackdown on certain drugs.

“The size of the industry surrounding a drug matters a great deal,” he said. “In 1964, when the surgeon general’s report came out regarding smoking and lung cancer, there were about 70 million smokers in a nation of about 200 million people, plus another 2 million who owed their livelihood to tobacco. So it would have been politically impossible for the government to go to a very strict policy.”

Other factors in how restrictive the government is, said Courtwright, include what kind of drugs the leaders use (President Roosevelt smoking a cigarette, which tended to lessen concern), the association of a drug with a minority group (opium smoking by Chinese in the nineteenth century, resulting in a crackdown), or a sudden increase in use (cocaine in recent decades, also bringing about a restrictive attitude).

“Another big one is if the drug is perceived to be a threat to youth,” Courtwright said. “When a drug takes off among young people, such as LSD and marijuana in the 1960s, or ecstasy in the 1980s and ‘90s, that creates a very powerful legislative reaction to protect young people because they are the nation’s future.”

Other speakers, as well as faculty presentations and student seminars, will highlight the schedule for the remainder of this academic year and the next. (For information, go to www.transy.edu and choose Calendars.)

“I hope my professorship will cause members of the Transylvania community to look drug use in the face, to see how widely it affects local institutions and the world, and impact on national and international political partnership,” Smith said. "If she were alive today, she would have said to...."
TRANSY SENIOR SPEAKS BEFORE THE U.N. SESSION IN POLAND

Senior Marcie Smith attended the United Nations Climate Change negotiations in Poznan, Poland, in December as a youth delegate, thinking she would be a lobbyist of sorts, but quickly learned her skills would be put to use in other, more visible ways.

Smith wound up giving a speech on deforestation policy and indigenous rights to the negotiation’s final session, and also consulted with other countries in attendance. She was there as one of 20 U.S. students who were part of an international youth delegation sponsored by SustainUS, a nonprofit organization for young people interested in advancing sustainable development and youth empowerment at the policy-making and grassroots levels.

Smith and the rest of the international youth are demanding that the outcome of the talks be anchored by the principle that any global climate treaty must safeguard the survival of all countries and peoples.

“Survival is non-negotiable,” she said.

She pointed out that the ultimate goal is not simply to solve climate change.

“Climate change is a symptom of a much more fundamental problem with the balance of power in the world,” she said.

“What we want is more of a paradigm shift. We want to restore balance in both the human community and the ecological community.”

Smith said she would classify what she saw in Poland as “qualitative success.”

“We want to see U.S. leadership,” she said. “The U.S. has been a problem child rather than a partner in a productive way. What we saw coming out of Poznan is that steps were taken, but we would have liked to have seen more courageous steps.”

The real victory, she said, was in the energy in the youth climate movement. Five hundred youth from 55 countries attended the conference. “We’re growing steadily,” she said.

In February, Smith joined over 10,000 young people for Power Shift 2009 in Washington D.C. The event had the goal of holding elected officials accountable for rebuilding the economy and reclaiming the future through bold climate and clean energy policy.

“We weren’t sure what to expect in Poland. We could have used a stronger stateside network,” she said. “Now we have a better grasp on what our needs will be in Copenhagen, and Power Shift was a great opportunity to grow and hone that infrastructure.”

Smith said she feels invigorated. SustainUS Climate Program Coordinator Kendra Kallevig said, “Marcie was definitely one of our most exciting delegates.”

Smith, from Richmond, Ky., is an international relations and French double major and environmental studies minor. She is a member of the recently formed Sustainability Advisory Committee at Transylvania, for which she is working to create a campus plan for climate neutrality.

Rayer named Everyday Hero

Career development director Susan Rayer received the Everyday Hero Award from the NewCities Institute in recognition of continuously striving to improve the quality of life for everyone in her community. The award was presented in January at an Association of Independent Kentucky Colleges and Universities meeting of career center directors. It acknowledges civic leadership, proactive community involvement and support of education.

Publications receive CASE awards

Transylvania publications received two Grand Awards at the Council for Advancement and Support of Education-District III conference in Atlanta in February. Taking District III includes more than 500 colleges, universities, and independent elementary and secondary schools in eight states of the southeastern United States. The award recognizes superior accomplishments that have lasting impact, demonstrate the highest level of professionalism, and deliver exceptional results.

At the CASE-Kentucky conference in December, the viewbook won a Grand Award, Transylvania magazine received an Award of Excellence, and Transylvania Treasures received an Award of Special Merit. The publications are the work of Martha...
CAMPUS GATHERS FOR INAUGURATION WATCH PARTY

An overflow crowd gathered in the William T. Young Campus Center canteen on January 20 to witness the historic televised inauguration of Barack Obama as the nation’s 44th president and its first of African-American descent.

More than 75 students, faculty, and staff members began gathering at 11 a.m. to follow the pomp and circumstance leading up to the oath of office just after noon. Feeling a connection to the spirit of the moment even at a far distance from the nation’s capital, audience members stood while Obama recited the oath and applauded at the end of his speech. The event was sponsored and organized by the Student Government Association’s Civic Engagement Committee. Many others watched the ceremony at various locations around campus.

Students involved in organizing the watch party, others in attendance, and students in general expressed a range of views about the significance of the event in the nation’s social and political history, and to themselves personally.

Emily Evans, a first-year student from Springfield, Tenn., spoke of the event as a sign of progress for the nation:

“I think this inauguration marks the future for a colorblind nation. It gives me hope as a young woman that people can move past old biases and give those who have been oppressed in the past opportunities to do great things.”

Lee Richardson, a first-year student from Nicholasville, Ky., was already looking forward to the Obama presidency:

“While watching the inauguration, I was overwhelmed with a number of emotions: excited by the historical significance of the first African American serving as president of the United States, yet also anxious to see the materialization of Obama’s platforms. Inauguration day left me with a renewed sense of patriotism, as well as a feeling of eagerness to see us ‘pick ourselves up, dust ourselves off, and begin again the work of remaking America.’”

Brandi Giles, a junior from Louisville, pointed to the breaking down of racial prejudice the inauguration represents:

“This inauguration has meant so much to me based on the good I feel it will do and has done for black people. Of course our president is going to benefit all people during his administration, but I feel like the hope he has given to the black community is huge. We’ve all been haunted by the preconceptions of which is constant vigilance. It seems that much of that hatred has dissipated. I think this inauguration shows that Americans have stopped dichotomizing this county into ‘we’ and ‘they,’ but rather, the country can simply call itself ‘us.’ Furthermore, it shows that we are one step closer to breaking down that racist South. Today, though, it seems that much of that hatred has dissipated. I think this inauguration shows that Americans have stopped dichotomizing this county into ‘we’ and ‘they,’ but rather, the country can simply call itself ‘us.’ Furthermore, it shows that we are one step closer to breaking down that

Political science professor Don Dugi saw the inauguration in a global perspective:

“This is a landmark election, not only for a country with a distressing history of racism, but for the world as well. The positive reaction to this election around the world is unbelievable.”

The inauguration of the nation’s first African-American president gave special significance to Martin Luther King Jr. Day, celebrated the day before. Transylvania students and others from the campus community took part in a number of service projects, including “Thank the Troops,” a joint effort of Transylvania and LEXfusion that resulted in thank you notes being written by Transy students and Lexington youth for delivery to military personnel serving overseas.

Another project, which rated a mention on National Public Radio, was an effort by Transy, Delta Sigma Phi fraternity, the Central Kentucky Association of Volunteer Administrators, and the Bluegrass Chapter of the American Red Cross to create 600 emergency kits to distribute to senior citizens in downtown Lexington.

“I was really pleased at how Transy students stepped up,” said Karen Anderson, coordinator
Biology professor makes television appearance

If you’ve tuned in to the Discovery Channel’s Animal Planet lately, you may have seen a familiar face. Biology professor James Wagner appeared on an episode of Weird, True and Freaky that aired on the channel in November.

This isn’t Wagner’s first experience with the Discovery Channel. In 1999, his research in wolf spider cannibalism was profiled on Discover Magazine. For Weird, True and Freaky, he was called in as a cannibalism expert to provide commentary on footage of animal behavior.

“If you do a Google search for cannibalism,” Wagner said, “my name comes up. That’s how the producers of this show found me.”

Wagner watched footage that had been compiled from a variety of sources and chose his subject matter. “I told them, ‘Yes, I’m comfortable talking about this,’ or ‘No, I’m not comfortable with that,’” he said. “Basically, I explained the behaviors.”

He said it was enjoyable, and a little strange, to delve into the behaviors of a lot of different animals, rather than focusing on wolf spiders, his usual field of expertise.

Working on the show was a positive experience, but Wagner pointed out that Weird, True and Freaky falls under the category of sensationalism.

“There was one segment that I disagreed with,” he said. “A voice-over that they used didn’t make sense. It was dramatic, but biologically what they were saying didn’t make sense. They used it anyway. So, that was a little bit frustrating.”

Wagner said he won’t be seeking out television appearances in the future, but he’s open to anything that comes his way.

Fulks represents NCAA at national forum

When accounting professor Dan Fulks helped represent the National Collegiate Athletic Association at a Knight Commission on Intercollegiate Athletics meeting in Washington, D.C., in October, it was only the latest event in his still-growing role as a national authority on college sports finances.

Fulks is a research consultant to the NCAA and is responsible for an annual report detailing the financial aspects of sports programs at the NCAA’s more than 1,100 members, which he has prepared for 15 years. He presented recent findings as a panelist at the Knight Commission meeting, held at the National Press Club and covered by national media such as the Associated Press, USA Today, and The Chronicle of Higher Education. The commission works to ensure that intercollegiate athletics programs operate within the educational mission of their colleges and universities.

Fulks, who serves as Transy’s faculty athletics representative to the NCAA, is also vice chair and a member of the executive committee of the NCAA’s Division III management council. With 440 members, Division III, the non-scholarship division that Transy belongs to, is the NCAA’s largest. Fulks was part of a working group of the committee recently appointed at a possible restructuring of the division.

“There’s a lot of diversity in Division III in terms of enrollment and in perspectives on such things as length of season and redshirting rules,” Fulks said. “And there is great pressure on the division to grow even larger.” After considering plans to create a new division or split the current division in two, the working group eventually decided to leave things as they are for now.

Fulks’s accounting students benefit from his expertise in college athletics finances in several ways, including helping to tabulate and organize the annual reports. He also enlivens classroom presentations by drawing on his earlier experience as a staff member of Ernst & Young, where clients included the Atlanta Falcons, Atlanta Braves, and Atlanta Stadium. He was involved in a key court case that set tax standards for depreciating the value of professional athletes.

In all of his work, Fulks has the opportunity to spread awareness of Transylvania, often among big-city and national media.

“When the media call the NCAA about sports finances, they just say ‘Ask Dan,’” Fulks said. “We understand how difficult it is for many people to give during these tough economic times, and that makes us appreciate even more the gifts we have received,” said Lori Burlingham, assistant director of development. “The Parents Council has really stepped up to the plate and played a leadership role in this effort. Volunteers filled every station during the September phonathon.”

Mac Lacy, co-president of the Parents Council and father of Sam, a senior, and Ben, a sophomore, encouraged other parents and grandparents to support the Parents Fund. “Our sons recognize that this is our way of being a bit more invested in their educations at Transylvania, and that means something to them,” he said. “You feel like you’ve become connected in a personal way, regardless of how much or how little you’re able to contribute. Supporting the library is something that allows you to touch a lot of lives, not just your son’s or daughter’s.”

Students will continue to call parents and grandparents this spring to request support for the Parents Fund.

Giving is easy by going to www.transy.edu and clicking on Giving to Transy and then on Make a Gift to the Parents Fund.
Women’s golf wins HCAC tourney, will play in NCAA championships

Even though they won the Heartland Collegiate Athletic Conference tournament, the best is yet to come for the women’s golf team. That’s because their HCAC crown, first in school history, also brings with it the Pioneers’ first-ever berth in the NCAA Division III championships, to be played May 13-16 in Port Lucie, Fla.

First-year player Janca Millett led the Pioneers in the HCAC tournament with a two-day total of 164 (85-79) as the Pioneers turned in a five-player team total of 705, good for a 22-stroke lead over Manchester College. Millett was second in medalist competition, with it the Pioneers’ first-ever in school history, also brings with it the Pioneers’ first-ever conference title.

“First-year player Janca Millett turned in a five-player team total of 164 (85-79) as the Pioneers led the Pioneers in the HCAC tournament with a two-day total,” said head coach Mark Turner. “With freshmen playing in our top two spots, we thought we might be a year away, but our players really rose to the occasion. We’re excited to get a chance to experience the NCAA tournament.”

Transy had a very successful regular season, highlighted by wins in the Rose-Hulman Invitational and the Transy Fall Invitational. The Pioneers began the year with a 357-391 win over Rose Hulman as Foley (86) and Millett (87) served notice of their future outstanding play. Millett was medalist in the Transy meet with an 84, and Foley was second at 87. In the Centre College Invitational, the Pioneers placed second to the host Colonels with a 343, nine shots back of the winners. Millett (80) and Foley (82) once again paced Transy.

Individual honors came Transy’s way when Millett was named HCAC Freshman of the Year and was joined on the All-HCAC team by Foley. Turner was named the HCAC Coach of the Year, an honor he had previously won as Transy’s women’s basketball coach in 2003.

Women’s tennis makes HCAC meet for first time

The women’s tennis team won a spot in the Heartland Collegiate Athletic Conference team championships for the first time in school history as the Pioneers compiled a 5-3 HCAC record for the season, playing all their matches against conference opponents.

Transy lost to Franklin College 2-0 in the HCAC Flighted Tournament for individuals, played a week before the conference tournament and also held at the West Indy Racquet Club. Fulkerson was seeded second in No. 1 singles, the first Transy women’s player to earn an HCAC seed, and advanced to the finals before losing. She teamed with Boone as the top seeds in No. 1 doubles, the first top seed for a Transy duo, and also made the finals before meeting defeat. The team tied Franklin College for third place overall.

Fulkerson, who was an HCAC Player of the Week after her heroics against Manchester, was named to the All-HCAC team, along with Boone. Playing at No. 1 singles and No. 2 doubles, Fulkerson had a season record of 13-3 for both positions. Boone was 12-3 in her No. 2 singles and No. 1 doubles play.

Women’s cross country seventh in HCAC meet

The women’s cross country team finished seventh in the nine-team Heartland Collegiate Athletic Conference championship, hosted by Manchester College. The men’s team posted an incomplete score due to not having enough healthy runners to field a complete team. Both teams are led by head coach Toby Carrigan.

First-year runner Betsy Heines was Transy’s top performer in the HCAC meet, finishing 26th in a time of 25 minutes, 24 seconds over the 5,000-meter course. Senior Mallory Harlow took 32nd place with 26:07.4. The women tuned up for the conference championship with an 11th place finish in the Manchester Invitational, paced by Heines’s 45th place showing in 25:38.

The men’s team finished 10th in the Berea College Invitational. Transy also played well in the HCAC Flighted Tournament for individuals, played a week before the conference tournament and also held at the West Indy Racquet Club. Fulkerson was seeded second in No. 1 singles, the first Transy women’s player to earn an HCAC seed, and advanced to the finals before losing. She teamed with Boone as the top seeds in No. 1 doubles, the first top seed for a Transy duo, and also made the finals before meeting defeat. The team tied Franklin College for third place overall.

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First-year player Kelsey Fulkerson was named to the All-HCAC team.

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Men’s soccer makes HCAC championship game

The men’s soccer team advanced to the championship game of the Heartland Collegiate Athletic Conference tournament and finished the season with an 11-6-1 overall record, including a 6-2 conference mark.

In the HCAC title game, the Pioneers faced the same Rose-Hulman Institute of Technology team they had lost to 1-0 in overtime in Terre Haute, Ind., to begin league play in September. Transy outshot the Engineers 14-6, but Rose-Hulman, again playing on its home field, got a goal nine minutes into the contest and made it stand up for a 1-0 victory and the league’s automatic bid to the NCAA Division III Championship.

Transy had played in four straight NCAA championships leading up to this season, and had not lost an HCAC tourney game since falling to Anderson University in a shootout for the 2002 title. The Pioneers got to the championship match by ousting Manchester College 1-0 in the semifinals, played on Thomas Field.

Led by head coach Brandon Bowman in his seventh year at the helm, the Pioneers got the season off to a great start by winning two games each in the Glenn Hyundai Showcase at Transy and the Bob Allen Showcase at Centre College to go 4-0. They won five straight HCAC games before dropping a 2-1 decision at Bluffton University.

Senior defender/midfielder Ryan Wood, senior midfielder Corey Dillow, sophomore midfielder Stu Hampson, and first-year forward Pierre Manga were named to the All-HCAC first team. Wood was the second-leading scorer on the team with 14 points on five goals and four assists, while Dillow scored one goal. Hampson led the team with 17 points on six goals and five assists, and Manga was third-leading scorer with 12 points off five goals and two assists.

Sophomore midfielder Tony Spero, fourth best scorer at 11 points on five goals and one assist, was named HCAC Player of the Week after nailing a goal against Illinois Wesleyan University and another against LeTourneau University in the Pioneers’ two wins during the Centre showcase.

Women’s soccer competes in HCAC tournament

The women’s soccer team made the four-team Heartland Collegiate Athletic Conference tournament, but lost a heart-breaker in the semifinal round when Manchester College won in a shootout to advance to the title game. Transy finished the season with a 12-6 overall record and a sterling 7-1 conference mark, good for second place in the regular season race.

Transy had a 2-1 lead late in the game against Manchester, but the Spartans scored a goal with less than two minutes to play to set up overtime. After two scoreless 10-minute extra periods, Manchester prevailed in the shootout to end the Pioneers’ season. Transy had won handily over the Spartans by 4-0 in regular season play.

Under head coach Michael Fulton, Transy forged a 3-1 on College and Washington and Lee University in the Glenn Hyundai Showcase at Hall Field. A signature 2-1 win came over 12th-ranked Denison University on the Big Red’s home field before the Pioneers headed into HCAC play.

Transy won its first six conference games before losing to the College of Mount St. Joseph by 1-0 in overtime. They finished off their 7-1 league slate with a win at Bluffton University.

Junior forward Katie Kelly and junior midfielder Katie McKelway were named to the All-HCAC first team. Kelly was the team’s second-leading scorer with 13 points on four goals and five assists, while McKelway led the Pioneers with 19 points off nine goals and one assist. McKelway, an HCAC Player of the Week after the Pioneers’ upset of Den-
Volleyball does well in invitationals

The volleyball team played well in two early season invitational tournaments, but found the going tough in the Heartland Collegiate Athletic Conference as the Pioneers finished with a 2-6 league record and an 11-18 overall mark.

Under head coach Cindy Jacobelli, Transy fashioned a 3-1 record at the Ohio Wesleyan University Invitational with wins over Grove City College, Oberlin College, and Bluffton University. A week later, at the Centre College Invitational, the Pioneers broke even at 2-2 as they defeated Asbury College and Lynchburg College.

Transy’s two wins in HCAC play came at home against Franklin College and Manchester College by identical 3-2 scores. The Pioneers got a solid 3-2 road win over Centre near season’s end to reverse an earlier loss to the Colonels in their tournament.

Junior outside hitter Jordan Geisen was named to the All-HCAC first team, becoming the second Pioneer to win that honor. She had 230 kills for the season, an average of just over two per set, which was second best on the team.

First-year outside hitter Blayke Herman was named to the HCAC All-Freshman team after leading Transy with 270 kills for an average of more than 2.5 a set. She was also Player of the Week in the conference when she led the Pioneers to the upset win over Manchester with a career-high 15 kills, including eight in the first set.

Field hockey gets Centre win

The field hockey team defeated arch rival Centre College 2-1 in the next-to-last game to avoid a winless record as the Pioneers finished 1-16 in a season of close losses, including two overtime contests. In all, Transy lost seven contests by the slim margin of one goal.

Junior forward/midfielder Whitney Mitchell scored a pair of goals to lead the way for Transy in the win over Centre, played on Hall Field. Under head coach Susannah Kilbourne, the Pioneers had lost an overtime heartbreaker by 1-0 to the Colonels earlier in the season on the Centre home field.

Mitchell ended the season as Transy’s leading scorer with 12 points on six goals. Senior goalkeeper Megan Blanford, who had 13 saves in the Centre win, did not miss a start in goal the past three seasons.

PIONEER ATHLETICS CLUB WELCOMES NEW MEMBERS

Alumni athletes, parents of current student-athletes, and all others interested in Transylvania athletics are invited to join the Pioneer Athletics Club, a new service and support organization formed through a joint effort by the athletics department and the alumni office.

“We’re inviting all those interested in the University,” said athletics director Jack Ebel ’77. “We hope to add to the overall experience of our student-athletes by supporting our teams and the mission of Transylvania.”

Members of the club will receive an electronic quarterly newsletter on athletics, and special e-mails when teams qualify for postseason play.

Club members can demonstrate their commitment by attending athletics events and social activities and volunteering in support of the organization’s goals, Ebel said.

“But you don’t have to come to games to be involved,” he added. “We have alumni all over the country who are interested in Pioneer athletics and follow games all the time. Among the approximately 100 members so far are alumni from California, Texas, and Arizona.”

There is no cost to join the Pioneer Athletics Club. For more information, contact Ebel at (859) 233-8548 or jebel@transy.edu. Athletics information is also available at www.transy.edu athletics.
LIVING WELL at Transylvania
A holistic approach to health

BY LORI-LYN HURLEY
Education professor Amy Maupin has lost 43 pounds since January 2007, but her overall goal isn’t a smaller dress size, it’s a sense of well-being. Inspired by the emphasis placed on wellness at Transylvania, Maupin sees paying attention to her own health as contributing to the broader community.

“Taking care of myself is just as good for Transy as it is for me,” Maupin said. “My energy can affect the energy of my students. If I feel stress and anxiety, then I think my students will feel it. When I feel better, I perform better, but I also reduce health care costs and keep insurance premiums down.”

A healthy student, faculty, or staff member benefits both the individual and the University, but what does it really mean to be a “well” campus? Transylvania answers that question with a comprehensive, proactive program of information, activities, and curriculum enhancements that touches on all aspects of a healthy lifestyle.

**Six dimensions of wellness**

A wide variety of activities are offered on campus, each geared toward self-development in one of the six dimensions of health: physical, intellectual, emotional, social, occupational, and financial.

“A lot of people think wellness is just eating right and working out,” said human resources specialist Debbie Clark. “That’s a big part of it, but our program addresses each of the areas of wellness.”

Fitness and wellness director Ashley Hinton-Moncer keeps in mind the goal of a healthy Transy family as she designs programs that raise awareness and motivate good health practices campus-wide.

She, along with Clark and human resources director Jeff Mudrak, head the Wellness Works program at Transy, which seeks to enhance the quality of life for faculty and staff by identifying strategies and practices that encourage healthy living decisions.

Hinton-Moncer said that promoting wellness means proactively assisting others, helping change attitudes so that changes in behavior are possible, and searching for alternatives to improve health and overall well-being. As with any wellness program, a balanced lifestyle is the goal.

Clark added that the biggest goal of the wellness program is to reach more people. “We have some really good programs, and we keep adding more to that,” she said. “It’s just communication—getting word out to people and trying to get them to take the initiative.”

Other faculty and staff members who have made dramatic lifestyle changes include director of alumni programs Natasa Pajic ’96, who lost 30 pounds and began running marathons, and drama professor Tim Soulis, who tries to run, swim, or row his age in minutes.

“In my area of theater, I have to have stamina to cover all the bases for a production,” Soulis said. “But even more than staying in shape, exercise keeps me young in spirit and creatively fresh.”

**Wellness for everyone**

The wellness program is equally important for those who have not made dramatic changes, but have been encouraged to maintain and even increase activities they are already involved in.

“If we can get everybody to participate,” Clark said, “the whole place benefits. From a productivity standpoint, people are happier when they feel good. From an employer’s perspective, a well campus impacts retention. We’re offering things that stimulate people, plus they know their employer cares about them.”

Though she stays busy looking for new ideas to bring to campus and responding to feedback about the opportunities already in place, Hinton-Moncer said the multi-dimensional aspect of the wellness program keeps her energized.

“You can’t get burned out,” she said, “because you just switch dimensions.”

One of those dimensions, physical health, has a prominent home on campus. The Clive M. Beck Athletic and Recreation Center provides a great opportunity for the Transy community to engage with physical wellness. The 97,000-square-foot facility includes classrooms, a health and...
that serve academics, recreation, intramural, and intercollegiate athletics programs.

President Charles L. Shearer is a regular user of the track in the upper level of the Beck Center, and any given weekday will find faculty, staff, and students walking or running during lunch hour.

“You can come over to the track and see that people are walking in skirts and tennis shoes,” Hinton-Moncer said. “It’s not intimidating at all. Anyone can feel comfortable.”

For those interested in a more intense workout routine, there’s the option of working with a certified personal trainer, an approach that has become very popular. Personal trainers work with each individual to determine needs and goals, then create training regimen and nutritional recommendations to reach those goals.

Melanie Pendleton '05, assistant softball coach, is certified through the American Fitness Association of America and works with students, faculty, and staff. “Most of the clients I work with want to lose weight,” she said. “The great part is seeing progress, helping people reach their goals, and seeing them not only progress in their weight loss, but also change in their perspective.”

**Making a lifestyle change**

Physical fitness also has ramifications for the other aspects of wellness. “There’s a huge emotional component,” Pendleton said. “You feel better when you exercise; it’s a stress reliever. It’s a lifestyle change more than anything. You’re not going to see success losing weight unless you change your lifestyle. It’s exciting to be part of that.”

Pendleton said she’s seen an increase in health and fitness awareness across campus. “This year especially, the Beck Center has seen an increase in usage,” she said. “It’s always hopping. It’s the place to be.”

Group fitness classes offered during lunch and in the evenings are free and adapt to the needs and requests of class members. Classes last summer included walks to the Lexington Farmer’s Market, for example, combining exercise with the opportunity to purchase fresh fruits and vegetables.

Nutrition is another aspect of physical health that has drawn increased attention at Transy. Last year, Sodexho’s Balanced Way program was introduced in the dining hall, offering an easy way to select nutritiously sound meals rich in whole grains, lean proteins, more fruit and vegetables, and less fat.

“Foods are well-marked in terms of calorie content and get a person thinking about what they’re eating,” said dean of students Mike Vetter. “It makes eating in the dining hall an educational process; people are learning which foods are the better ones to select.”

Weight Watchers groups on campus and fitness challenges like The Biggest Loser also offer opportunities and incentive for weight loss. Nutritionist Sandy Hall conducts one-on-one nutritional counseling sessions on campus with students, faculty, and staff members who want to learn about weight loss or gain, eating on campus, sports nutrition, heart health, and even how to save money at the grocery.

“That’s an absolutely free resource that most schools don’t have,” said Hinton-Moncer, “plus she’s easy to talk to and has a practical approach.”

This wellness initiative at Transylvania can be traced back to the Employee Health and Wellness Fair, which started as a small showcase in 2002 and has grown into an annual event that fills the Clive M. Beck performance gym with a wide variety of vendors and services.

The 2008 fair featured health advice from more than 40 local businesses and organizations, flu shots administered by campus nurse Laina Smith, free massages, product samples, and bone density screenings offered by Lexington Clinic.

“The field of wellness is changing all the time,” Hinton-Moncer said. “We have to continue to make changes to accommodate the changing workforce.”

**Wellness for students**

The Health Fair is an event for faculty and staff, but wellness is a goal for the entire campus that begins with students. A healthy lifestyle is one of the six goals for learning outlined by the Office of the Dean of Students.

“We’ve had this goal for a few years,” Vetter said, “but it’s really picked up steam. One of the things we do well at Transylvania is enable people to make connections between what they’re learning and what they’re doing.”

One place where students make that connection is in the Lifetime Fitness course, required of all students, which underscores the University’s belief that a
sound body is the natural complement to a sound mind. The class emphasizes that physical activity leads to improved cardiovascular fitness, flexibility, strength, and endurance for everyone. Proper nutrition, stress management, and other wellness concepts are key to the program.

“The number one goal of this course,” said professor of physical education and exercise science Sharon Brown, “is to teach students the importance of physical fitness and provide them with opportunities to improve.”

The course has immediate impact on the lives of students like junior Stephanie Huffman, whose passion for fitness led to her certification as a personal trainer in December 2008 through AFAA. She plans to one day own her own fitness facility and become a certified nutritionist. She already has a roster of fitness clients at Transy, both students and staff members. “They all have different goals, and it challenges me as a trainer,” she said. “I love it.”

The lifetime fitness requirement for students covers the wellness components that the University is building on for faculty and staff. It blends academics and health issues to exemplify the mind-body connection at the heart of the wellness program.

This connection is evidenced by the wellness book group, which has read and discussed books that are not only intellectually stimulating, but also relevant to other areas of health, such as *In Defense of Food* by Michael Pollan and, most recently, *Total Money Makeover* by Dave Ramsey.

“We do a survey every now and then and find out what employee concerns are,” Clark said. “Finances are a huge stressor right now, so we read the Dave Ramsey book as a way to say, ‘We know you feel this pressure, here’s something that might help.’”

One approach to the social aspect of wellness is In the Loop, a knitting group that meets weekly and provides more for its participants than simply knitting skills.

“I had never knitted before,” said fine arts division secretary Tammie Williams, “but I’d always wanted to learn. It’s been fun. Each person who comes to the club brings a different and interesting the support you get from others. It’s a good positive vibe.”

**The future of wellness**

Plans for the future of the overall health and wellness program include a possible Wellness House for students, similar to the International House, where residents would live together in an environment that fosters a holistic approach to health. “Students are interested in this option,” Vetter said, “which shows that they’re paying attention to the wellness initiative.”

There is also a push to address the issue of smoking on campus. Transy has annually held a smoke-out day for several years, and offers help with smoking cessation, but Vetter believes it’s an area where more could be done.

Pendleton said she thinks Transylvania is a fit campus overall, and she credits Hinton-Moncer’s energy and excitement for getting people involved.

“Knitting can be meditative or social, challenging or soothing, humbling or empowering. It is the conveyer of much generosity of spirit, time, treasure, and humor. It connects us to the past and the future. That’s a lot from two sticks and some string, but there’s also lightness and good cheer.”

Marian Baker

Experienced knitter, secretary to the dean of students Marian Baker, and members of In the Loop gather in the Pioneer Hall of Fame Room in the Beck Center: From left, fine arts division secretary Tammie Williams, Writing Center secretary Becky Mills, campus nurse Laina Smith, Baker, study abroad and special programs secretary Lori-Lyn Hurley.
In the spring of 2007, when Lacey Napper knew she was coming to Transylvania that fall, she joined the Facebook group for her incoming class. Later that summer, after using the social networking Web site to begin to get to know her future classmates, she attended a picnic at Lexington’s Jacobson Park that the students arranged on their own, using Facebook as their organizing tool.

“Through Facebook, I was able to have conversations with, and see photos of these people before I even came to Transy,” said Napper, a sophomore philosophy major. “That was really beneficial to me, because it made me less nervous about being in a completely new environment. About 50 of us from many different towns came to the picnic. I met some of my future sorority sisters there, and my future boyfriend.”

Napper’s experience illustrates the quiet revolution on the social side of student life that has occurred in just a few short years through the wildly popular social networking site known as Facebook. Augmented by use of the ubiquitous cell phone, Facebook was launched in 2004 at Harvard University and has grown with brush-fire speed to reach more than 175 million subscribers around the world, including virtually every Transy student. Its colorful graphics and ability to allow users to post photos, create Web links, and have conversations that may be shared with hundreds of “friends” (those you have designated for access to your account) have won widespread approval from users.

“The ability to plan and organize their lives is something I think college students have to figure out, and these technological tools help them with that,” said Mike Vetter, dean of students. “Bringing people together in these social networking systems is really a big change.”
led may show up there,” said Holly Milburn, a sophomore planning a special major pattern in social justice. “For instance, Power Shift (the annual climate change forum in Washington, D.C.) is a national student-run event that’s promoted on Facebook. It can be kind of random, just whoever is motivated to put their event up. With parties, if it’s not Facebook official, it’s safe to say not many people will know about it.”

One of the popular features of Facebook is “Status Update,” a prominent place at the top of each profile page for writing a quick message about how you’re feeling that day, what activity you’re engaged in, or some other brief thought.

“You might say, ‘I’m in a good mood,’ or ‘I’m in a bad mood,’ or ‘Here are song lyrics I like’,” said DJ Nichols, a first-year student pursuing a political science major and philosophy minor. “And you can comment on other peoples’ status. If someone’s having a bad day, you can ask why. Then it becomes a conversation.”

Some students also use Facebook to keep in touch with high school classmates, and even now project a future in which the site will let them keep up with Transy friends and others throughout the years.

“I was a Kentucky Governor’s Scholar and I met students from all over the state,” Nichols said. “Facebook is now our main way of keeping in touch. I can see myself and my Transy classmates remaining friends longer than my parents’ generation, only because we have Facebook. The world’s gotten smaller because of it. Walls don’t exist anymore. Miles don’t exist.”

When it comes to cultivating personal relationships, Facebook and cell phones can play an important role, often in the very early stages of getting to know another person. After a relatively brief face-to-face meeting, students will often trade cell phone numbers, and then the technological dance begins.

“Even if someone doesn’t come right out and ask you on a date over a text message, it might be something like, ‘Hey, we should hang out sometime.’,” Napper said. “I’ve been asked on a date through a text message, but I still like to be asked in person sometimes. But I think Facebook and texting help you bridge that gap.”

Unlike the nerve-wracking scenarios of the past, where a young man builds up his nerve to ask for a date in person, today’s students often skip the “sweaty palm” stage by using technology.

“I think dating in general has changed because of cell phones,” Nichols said. “We skip the nervous part. You’ve met the person in a very casual way at first, and then you get to know them better without being in direct contact with them. Then when you meet face-to-face again, maybe just to hang out at first, you’re not nervous because of all the messages you’ve exchanged.”

In general, students face two issues. The first is the temptation simply to spend too much time on Facebook, which can disrupt time needed for studying as well as extracurricular activities. The second is a more specific time consideration, but also a qualitative concern about the true nature of human social interaction. The concern is that too much on-line socializing, to the detriment of in-person interaction, could be emotionally or psychologically unhealthy.

As for the temptation to just while away the time on Facebook, most of the students interviewed for this article admitted that has been an issue with them at times. They all say they have managed to put the Web site in its proper place in their lives, but add that they know of students who need to cut back on its use.

“In general, have become more and more popular on college campuses, it’s only natural that questions arise about the effects of such a major shift in behavior. Is there cause for concern about the encroachment of so much on-line activity into the realm of in-person socializing? Put another way, is too much face time being displaced by Facebook time?

Yes, say some, who contend that students are losing too much of the uniquely human experience of face-to-face contact. No, say others, who believe that these technological tools are no different in purpose from earlier advances, such as the telephone, and that they can actually enhance the in-person experiences.

“It’s important, and I think my generation has realized this, that just because you know who someone is on-line does not mean that’s (the complete picture of) who they are.”

“The Internet is just another tool. I’m sure the telephone was considered by some to be cold and impersonal when it first appeared. I think it’s the interaction itself that’s more important than the medium.”

“If I’m doing homework on my computer that I don’t particularly want to be doing, and I’d like to have a little diversion, it’s a temptation to get on Facebook way too much every once
they’re addicted. They need to deactivate their account for a month or two and detox.”

Among those who have recognized that their Facebook time was getting out of hand is Milburn, who once decided to give up the Web site for Lent. Turns out she wasn’t alone—it happens every year on Ash Wednesday in the Facebook world.

“It was extremely difficult to do that,” Milburn said. “Facebook is such a significant aspect of our lives in terms of how you communicate with people. But it was important for me to realize how much time I was spending on it and how much time I wasn’t devoting to doing my homework.”

Mike McNary, a sophomore computer science major also pursuing minors in music and mathematics, is a bit of a contrarian when it comes to text messaging and Facebooking. He has a Facebook account, but isn’t devoted to it.

“I’m not a huge Facebooker,” McNary said. “If I see that someone has added me as a friend, or someone wrote to me about an event coming up, sure, I’ll get on and check that, but I don’t Facebook-stalk people. I don’t have all the applications installed, the games and so on.”

The second issue—the emotional or psychological implications of on-line interaction—is more difficult to analyze. Psychology professor Melissa Fortner ’96 says her concern about the on-line social world is “measured,” but real. (She’s one of the millions of adults who have Facebook accounts. More than half of Facebook users are outside of college, and the over-30 age group is the fastest growing demographic, says Facebook.)

“Human beings evolved as social creatures in a particular context, that is, face-to-face,” Fortner said. “A lot of our needs and our development are wrapped up in face-to-face communication that is largely non-verbal. One of my concerns is the extent to which students may be losing out on something they’re wired to need.”

Identity development and the adoption of a persona are very real issues for college students, said Fortner, and the on-line social world brings a new slant to that developmental process.

“I don’t want to be in front of a device all the time, tapping away every minute, giving people constant updates about myself,” McNary added.

“I think in some ways, having a Facebook account increases the amount of face time that you spend with people,” Napper said. “For instance, you might write to someone you wouldn’t be comfortable to go out to of nowhere, and if you establish a relationship on Facebook, you’re more likely to talk to them when you see them in between classes.”

The off-line past

Having heard about the decidedly non-technological world of student life in the past, Brumfield wistfully imagines being “unplugged” from the on-line social community so prevalent now on college campuses.

“I would like to have gone to college without Facebook and cell phones, just to see what it would be like, because I feel they take a lot of interpersonal action away,” he said. “I can’t imagine not having a cell phone and being constantly in contact, but are our lives really any better because of that?”

Given the ubiquitousness of on-line social networking, it doesn’t appear likely that Brumfield will get his wish anytime soon. As technological things seem to go, once they’re here,
In addition to students who use Facebook in their social lives, some Transylvania staff and faculty members, along with the University itself, make use of the networking site for various administrative and academic purposes.

Transylvania recently launched an official Facebook page, a public profile that enables the University to share news about Transy with Facebook users worldwide. (Joining is instantaneous: users simply enter “Transylvania University” into the search function on their home page, then click on “Become a fan.”)

“When our ‘fans’ interact with our Facebook page, stories linking to our page go to their Facebook ‘friends’ as a News Feed,” said Sarah Emmons, director of public relations. “As those friends interact with Transy’s page, News Feed keeps driving word-of-mouth to a wider circle of friends. There are thousands of Facebook users affiliated with Transylvania, so our page is a very powerful communications platform to increase awareness of the University.”

Emmons said the University plans to add applications, such as discussion groups and video, to make the page more interactive and dynamic.

Here are some examples of staff and faculty members making use of Facebook:

As assistant director of career development, Michael Cronk uses Facebook to keep students up-to-date on events like the Student-Alumni Networking Fair and the services his office makes available to them.

“When we have an event coming up, I will send an invitation to the students who are part of a Facebook group I set up for career development,” Cronk said. “I always encourage them to send the invitation on to their other Facebook friends.”

Cronk was motivated to set up the career development group after students who had friended him began asking questions about career issues through the Facebook site.

An offshoot of his work occurred when a student he was working with who had an interest in the music business contacted a Web magazine editor through the editor’s Facebook account.

“After the editor accepted this student’s friend request, the student wrote back, and now has an opportunity to interview for an internship in New York City, purely through using Facebook as a mechanism to make a connection,” Cronk said.

Diane Fout, director of student activities and campus center, finds Facebook a convenient communication tool for letting students know about events like Dance of the Decades, Campus Center Open Mic Night, and Transy Night Out at Gattitown.

“Facebook lets us do things like name the performers for Open Mic Night, post their photos, and tell what each performer will be doing,” Fout said.

Like other administrators, Fout doesn’t rely totally on Facebook for these purposes—she also uses the University’s on-campus communication tool for letting students know about events like Dance of the Decades, Campus Center Open Mic Night, and Transy Night Out at Gattitown.

“For example, Facebook is not the best tool for sending out class minutes, which are posted each week. This class focuses on creating a relationship between the Transylvania community and the North Limestone neighborhood.

“This class is not about working toward a grade,” Todorova said. “This is about community and dialogue.” Class meetings often include visits from community members, and those visitors, as well as anyone who is interested, can join the group and read the class minutes, which are posted each week.

Class participants also post their “This I Believe” essays to the group. “We’d love to see other members of the group, our friends, post essays as well,” Todorova said.

Michael Cronk, assistant director of career development

“Students don’t view Facebook strictly as a just-for-fun site—it’s a way of life for them. It includes personal, social, and academic or institutional life. It’s really all encompassing.”

Natasa Pajic ’96, director of alumni programs

“Because of Facebook, we can do things like wish our alums happy birthday. We never would have had time for that before.”

Natasa Pajic ’96 and assistant director Tracy Dunn ’90 administer a Facebook group for the Transylvania Alumni Association. The site uses a Facebook protocol that ensures only alumni of the University are members of the group. (Some Facebook groups are open to virtually anyone.)

Pajic was already a Facebook user when she established the alumni group in November 2008; it now has over 600 members. The immediacy of posting to the site has enhanced the
In late February, young people from across the country gathered in Washington, D.C., to deliver a message of climate action to our elected officials during Power Shift 2009. In Kentucky, Transylvania students have taken the lead in these sustainability efforts. Of the 80 students from the state traveling to the youth summit, 48 were from Transylvania. (See sidebar.)

Sophomore Amanda Holt became involved in Transy’s sustainability mission through the student environmental group, Transylvania Environmental Rights and Responsibilities Alliance (TERRA), after attending Power Shift 2007. “It inspired me to transform my passion for environmental issues into direct action to raise awareness about sustainability issues in general, but specifically those related to college campuses,” she said. “College campuses are very conspicuous resource hogs—we consume a lot, but there are numerous ways to quell or at least ease this problem. Sustainability needs to become an expectation on Transylvania’s campus, not just an option.”

Transylvania is dedicated to creating this expectation about sustainability, which President Charles L. Shearer describes as meeting the needs of the present, while not compromising future generations’ ability to meet their own needs.

During his state of the University address last fall, Shearer highlighted the Crimson Goes Green initiative at Transylvania, a formal plan for a greener campus that includes changes in the way the University uses paper, monitors energy efficiency, recycles waste, and views transportation.

The initiative began to take shape when Shearer signed the American College and University Presidents Climate Commitment in 2007. This national voluntary commitment states that colleges and universities must exercise leadership in their communities and throughout society by modeling ways to minimize global warming emissions, and by providing the knowledge and the educated graduates of the Campus Sustainability Committee. “It provided the initiative for us to do some things that we may have thought about before, but now we’re taking action.”

The steps outlined in the commitment include developing a comprehensive plan to move toward climate neutrality, and initiating two or more tangible actions to reduce greenhouse gases while the overall plan is being written.

In response, the Sustainability Advisory Committee was formed to assist efforts already in place and make recommendations for future directions, and out of that committee came the Sustainability Committee, which includes faculty, staff, and students.

“It’s been interesting to see how the administration and the student organizations have come together to push for this,” Holt said. “The administration handles things like energy audits, green building renovation—the big stuff—and the student organizations work to educate the student body, help instill more environmentally healthy habits, and hold the administration accountable for its commitment to sustainability.”

Assistant Director of Career Development Michael Cronk, who serves on the subcommittee on educating ourselves, agrees that the campus must work together to solve the problems at hand.

“Everyone realizes some things we can do as individuals, like turning off the lights in the rest room when we leave,” he said, “but that alone isn’t going to solve the problem. We need to be thinking bigger, and our students are great examples of that happening.”

Colleges can lead the way

One such student, senior Callie Clark, TERRA coordinator, said that U.S. colleges and universities are in a unique position to be a model for the rest of our society. One way Transylvania is stepping up to that challenge is through improved recycling on campus. This is one of the many goals that the University is working on to meet the obligations under the Commitment, and as a result, recycling containers have been placed in every residence hall room.

“Putting out the recycling bins was Transy’s way of saying this is something you should be doing, not something you can do if you want to,” said Holt. “It was a step in setting up that expectation for sustainability.”

This spring, the campus is taking part in the nationwide campaign Recyclemania, a friendly competition that asks participating colleges and universities to promote waste reduction and activities and report recycling data for a 10-week period. Transy’s per capita recycling amount will then be compared with national results.

Director of Residence Life Bob Brown, who chairs the subcommittee on waste management, sees Recyclemania as a benchmarking tool.
friendly photocopy paper, letterhead, and envelopes. This recycled paper costs a little bit more than the paper previously used, but by using less paper, the University hopes to save the difference or more.

“University offices are working to eliminate or reduce the number of printed reports and statements they produce,” Shearer said. “For example, the Campus Center is moving toward a paperless office by offering on-line options for forms, scheduling, and equipment checkout.”

“We’re making good progress,” Brown said. “We just need to engrain it into the culture more and, as some other schools say, penetrate the halls and classrooms. I want it to be that on campus, when you see a trash can, you see a recycling container. They should be in tandem.”

“While our recycling program is beginning to flourish, this is simply not enough to accomplish our goal. I look forward to seeing long-term changes on our campus,” Clark said.

Some of those long-term changes are already underway. Energy management systems are being installed in campus buildings, and as lighting and equipment is replaced, the University is looking for more efficient options.

The grounds department uses fertilizer and pest control products that don’t pollute ground water, and a transition is underway to use only cleaning products that meet the Green Seal standard, a certification that ensures a product has been tested according to science-based procedures and found to be environmentally responsible.

There’s also a Web site in the works, available to those on and off campus, explaining the University’s commitment to sustainable practices and outlining the steps it’s taking. The site will include a link to LexTran, so that students and employees can easily check schedules and consider riding the bus instead of driving to work or to various places in town for shopping and entertainment.

The University also has four bicycles available for check-out by students, faculty, and staff, providing a solution for running short errands that not only saves fuel but also provides the opportunity for physical exercise.

“The Web site will be a huge educational tool for campus,” Vetter said, “and good for incoming students who want to come to a place that’s sensitive to these issues.”

**Making the commitment**

Committing to sustainability means having to make sacrifices, and the overall goal set for this year is simply to get more people aware and understanding of the process.

“The idea of being more sustainable is something that should be part of our ongoing learning on campus.” Vetter said, and it is, in more ways than one. In addition to the implementation of these measures, students at Transylvania have the option of a minor in environmental studies, where they can deepen their understanding of the natural environment.

Cronk pointed out that change won’t happen overnight, but major University decisions are now being made with sustainability in mind, evidenced in the newest buildings on campus. Thomson Residence Hall and the Glenn Building both have geothermal heating and air conditioning, and the newly renovated areas of assistant, he walks prospective students and families through geothermally powered buildings and points out recycling bins.

He feels that the efforts of the president’s sustainability committee, as well as student organizations like Student Government Association and TERRA, have begun to change the daily routine on campus.

“Overall, I have seen a movement and awareness growing on campus among students as well as the administration,” he said, and he and other students are confident that Transy is moving in the right direction.

“I think Transylvania will continue to improve its standing as a green school,” he said. “We have a long way to go to becoming carbon neutral, but we have shown our resolve and determination to change the way we do things as a university.”

“There’s still a lot that needs to change,” Holt said, “but we have certainly made steps and continue to show our commitment to making smarter consumer decisions and lessening our impact on the environment. I’m proud of our accomplishments so far.”

For certain, those accomplishments and the ones yet to come are the result of the campus working together.

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**Transylvania students visit nation’s capital for Power Shift 2009**

Forty-eight Transylvania students joined more than 10,000 other student leaders from around the country in Washington, D.C., in late February for Power Shift 2009, a massive lobbying effort aimed at convincing the President and Congress to pass a bold climate and energy policy that prioritizes renewable energy, green job creation, and an aggressive cap on carbon emissions.

Among the Transy delegation was senior Marcie Smith, who was a keynote speaker at the event, testified before the House Select Committee for Energy Independence and Global Warming, and was interviewed on CNN. “The youth of America have the chance to work with our leadership to build a new green economy,” she said.

Forty-eight Transylvania students were among the 80-student Kentucky delegation to Power Shift 2009.
Kevin Reid ’83 was happily ensconced in the Orofacial Pain Center at the University of Kentucky in 1996, working with one of the leading clinicians in the field, when he received a phone call from the Mayo Clinic about a position they had available.

“At that point, I was convinced I was the luckiest man alive, just to be working at UK with Jeff Okeson, who was well respected for his work,” Reid says. “The phone call came on the very day my second son, Liam, arrived. I told them thanks, but my son was born just a few hours ago and I’m very happy where I am.”

Fortunately for Reid, the Mayo Clinic representative was persistent, saying he would call back in a week when the excitement about his new son had died down. It was then that Reid flew to Rochester, Minn., for a visit, and he hasn’t looked back since.

“I was like a kid arriving at Disneyland,” Reid says of his first encounter with the world-renowned facilities of the Mayo Clinic.

Thirteen years later, Reid has just completed an eight-year tenure as chair of the Department of Dental Specialties at Mayo, where he continues to teach as an assistant professor of dentistry in the College of Medicine while also seeing patients. Moreover, he is now moving his career at Mayo in a new direction as he pursues a master’s degree in biomedical ethics and becomes increasingly involved in ethical issues faced by the medical profession.

“Taking a New Direction” in his life is nothing new for Reid, who at one point was contemplating a career in professional baseball, though not as a player. After beginning his higher education at UK, he decided to change his course.

“The focused attention, the compassionate and beneficent way that professors approached their work at Transylvania, the academic rigor, and the social life—all of that balanced quite well for me,” he says. “It helped reinforce my decision that healthcare was my true aspiration. Looking back, coming to Transy might have been the best decision I’ve ever made.”

After completing his pre-medical sciences degree at Transy, Reid earned his doctor of dental medicine degree from UK in 1988. He chose dentistry because of what he perceived as the flexibility offered by that field.

“I appreciated what I saw to be the professional autonomy of dentists,” he says. “I have a lot of other interests in my life, and I felt dentistry would allow me to attend to those while having a career in a healthcare clinical environment where I wouldn’t have to spend 14 hours a day in hospital call.”

Even then, Reid’s goal was never to become a traditional practicing dentist. By the time he had completed a master’s degree in orofacial pain from the school of dentistry at the University of Minnesota in 1990, his medical focus of chronic orofacial pain had become clear. This was further augmented by the three years he next spent as a national research service award fellow at the National Institutes of Health, where he worked at the National Institute of Dental and Craniofacial Research in Bethesda, Md.

“I was in the neurobiology and anesthesiology branch, where my work was in chronic pain research,” Reid says. “I was surrounded by some of the world’s greatest thinkers and researchers in the study of pain, and I still use what I learned there almost daily.”

Although Reid is not always able to see patients is very challenging, but tremendously rewarding. I see patients from all over the country, and at times from around the world. When I’m able to make a real difference in the quality of their lives, the rewards are indescribable.”

chronic pain always causes psychological issues. People who suffer with enigmatic, relentless pain can count on developing some degree of emotional duress, particularly if it’s a puzzling disorder for which there is no robust treatment.”

Recruited by the Mayo Clinic in 1996, Kevin Reid ’83 is now expanding his career focus to include biomedical ethics.

By William A. Bowden
“Seeing patients is very challenging, but tremendously rewarding,” he says. “I see patients from all over the country, and at times from around the world. When I’m able to make a real difference in the quality of their lives, the rewards are indescribable.”

RECENTLY, IN THE BEST tradition of a liberally educated person for whom lifelong learning is a core value, and spurred by his interest in philosophy, Reid decided to rearm himself with more classroom education and a new focus in his professional life centering on the great ethical questions that confront doctors and patients everywhere.

He is completing a master’s degree in biomedical ethics from the University of Wisconsin, through on-line classes and on-site summer seminars, and has become much more involved in Mayo’s initiatives in ethical matters.

also serves on the Ethics Consultation Service and the Ethics Committee. For the transplant board, he is organizing a group of physicians, nurses, and social workers to focus solely on this one ethical issue.

“The wait times to have an organ available can be very long, so U.S. citizens will travel to a foreign country to have a transplant,” Reid says. “It’s called ‘Transplant Tourism.’ We have concerns that a donor may have been coerced, and there are questions about whether Medicare or Medicaid should pay for follow-up treatment back in the states.”

Within the broader concerns of the consultation service, Reid says the difference of opinion that may arise over continuing the life of a patient through life-support equipment is one of the classic situations that confront doctors and families all the time.

“When the family of a patient in a per...
Can you pick out the coach?

Al Templeton '61 is surrounded by members of the classes of 1961 and 1962 in a photo from our archives labeled "Powder Puff Football 1961." We're not sure if this was an intramural team or not; perhaps some Transylvania magazine readers can fill us in. The 1961 Crimson pictures a Women's Athletic Association and a women's intramural basketball game, but no information on football. The reestablishment of women's intercollegiate athletics at Transy was still a decade away. Front row, from left, Jane Smith Frye '61, Bettie Lou Duff Evans '62, Al Templeton '61, Brenda McKnight Jones '61, Sarah Wiley Stephens '62, Patsy Alexander Nielsen '61; back, Brents Giltner Oliphant '61, Evolyn Mains Allen '61, Joan Stinnett Waldrop '62, Connie Watson Caudill '62, Betty Tuggle Housley '61, Jo
Still teaching after all these years

The melodies and lyrics of British and American folk ballads always fascinated Stanley B. McWhorter ’54 during a full-time teaching career that began in the 1950s and ended in 1995 when he retired from the faculty of the University of Dayton.

McWhorter used his extensive knowledge of folklore to inform his English classes as he drew parallels between authentic folk ballads and English romanticism as seen in the poetry of William Wordsworth and others.

Now living in Dayton, McWhorter continues to give lecture-concerts that draw upon his skill on seven instruments, including a dulcimer he made himself.

“I still receive a number of requests from churches and schools for my concerts,” McWhorter says. “I am retired from full-time work, but that will never mean that I sit down in a rocking chair and count the days.”

Holding a Ph.D. in English from the University of Kentucky, McWhorter taught at Eastern Kentucky University, Morehead State University, West Virginia Wesleyan University, the University of South Carolina, and Xavier University, in addition to Dayton.

McWhorter still teaches on a voluntary basis for Dayton, giving online English courses for students who are primarily auditing the material, and keeps himself physically fit through membership in a health spa.

McWhorter’s career and travels included exchange teaching assignments at Heidelberg University, Germany, and the Université de Lyon, France. As a leading scholar and researcher on folklore, he served as a vocalist. Included among the musicians are a drummer who has played with Joe Cocker and guitarists who have played for Dave Matthews. His first CD, Once Upon a Time, was released in 2003 and was included on a short list in that year’s Grammy Awards guide. Charlie is director, regional development, in the Vanderbilt University development office. For information on his music and these CDs, visit www.charlietaylormusic.com.
When Karen Gill ’90 was in high school, she wrote a program in Pascal computer programming language to solve projectile motion problems, just for the fun of it. These days, her work centers on imparting that natural passion for physics to her students. A science teacher at Henry Clay High School in Lexington, she was named Kentucky’s Teacher of the Year for 2009 and will represent Kentucky in the 2009 National Teacher of the Year competition.

Gill, who has been teaching for 18 years, was a runner-up for the Teacher of the Year honor last year. She said that she was surprised by the win this year, given that she works with so many outstanding people.

“Kentucky has been on the forefront of education for many years,” she said. “We have great ideas and great programs. I hope I can do this award justice.”

Though she said she would most likely turn down a semester off, Gill will receive $10,000 and embark on a year of activities that include making speeches and representing Kentucky teachers on a national level.

Her message is one that emphasizes the importance of education in a changing world. Gill contends that modern society is so complex, people of the twenty-first century must master numerous diverse and complex fields that were once the domain of an elite few.

“The pace of innovation continues to accelerate,” she said. “What once was new and cutting-edge becomes the foundation of entirely new fields, and the once state-of-the-art becomes basic requirement.”

Gill believes that in order for the United States of the future to have a strong economy and well-functioning society, today’s students need to develop a capacity to deal with this increasingly complex world.

“They must learn how to learn, how to problem-solve,” she said. “Education, if it has the support and belief of the community it serves, and strong and talented teachers, can create a better future for each individual student and for society as a whole.”

Gill, who says her main objective as a teacher is to help her students learn to make good decisions, also hopes that in her role as Kentucky’s Teacher of the Year, she will provide encouragement to other teachers.

“There is no perfect way of teaching,” she said. “Every teacher, no matter who they are or what they teach, struggles with trying to reach every student. Teaching is a demanding job, and there are many ways to do it well. I want to tell teachers, ‘Don’t get discouraged. Keep trying, keep learning, and keep doing what you think is best.’”

Gill isn’t the only one who can take her class with her. In addition to a guest speaker program, her students are respected, valued, supported, and busy.

Gill and her husband, Scot Gill ’91, teaches physics at Tates Creek High School, and both Gills have previously won the Presidential Award for Excellence in Mathematics and Science Teaching. Both have also had students who won a national math and physics challenge sponsored by Insight Communications and ESPN.

Gill and her husband regularly discuss physics education. “It is wonderful having a spouse who understands what you are dealing with in your job,” she said. “Many physics teachers don’t have anyone to talk to about what they are trying to do with their classes. I have someone awesome to talk to every day.”

The Gills both graduated from Transylvania with double majors in mathematics and physics. They met, in fact, in an Introduction to Computer Science class taught by former math and computer science professor James E. Miller.

“We are really a perfect match for each other,” she said. “I am certain no one else could understand us half as well as we understand each other.”

A presenter at Modeling Instruction Program workshops, a member of North Central Physics Alliance, and the American Association of Physics Teachers, Gill’s other honors include an Engaging Kids to Learn grant, the Ashland Teacher Achievement Award, and two Fayette County Merit of Excellence Awards.
Force and semi-retired from his second career in physical therapy. He lives on the Chesapeake Bay and invites classmates to stop by for a boat ride.

Cynthia Campbell Nairn, Chagrin Falls, Ohio, retired in 2007 after almost 38 years of teaching. She’s busy with gardening, volunteering, and painting classes and was recently appointed to a community development board by the mayor of South Russell Village, Ohio.

Debbie Holland Diaz marked her third anniversary as a resident of New York City on Thanksgiving Day. She teaches English as a second language in midtown Manhattan.

Ann L. Updegrove Spleth, Indianapolis, represented Transylvania on October 10 at the DePauw University presidential inauguration.

Joe Zaluski, Lexington, an attorney in the law firm of Wyatt, Tarrant & Combs, was honored at the 29th Annual Institute with the John L. McClaugherty Award for distinguished service to the legal profession, the natural resources industry, and the Energy and Mineral Law Foundation.

Janet Douglas Bloom, Louisville, and her husband plan to take their whole family to Siesta Key in Sarasota, Fla., this year. Their business took them to several locations around the country in the fall, and they traveled to San Diego in December.

Andrew J. Oppel, Alameda, Calif., is completing his fourth book, titled *Databases, a Beginner’s Guide*, which will be published by Osborne McGraw-Hill in June.

David P. Marthey, Jonesboro, Ark., is an agricultural land surveyor. His business, Big Dave’s Custom Surveying & Design, is celebrating its 11th year serving the agri-business community, mainly in Arkansas, Missouri, and Tennessee.

Teresa A. Isaac, former Lexington mayor, received the first Lexington Athena award on November 2. The award honors individuals for furthering the cause of women and civic involvement. Teresa and other local winners worldwide will be recognized in March 2009 at the annual International Athena Leadership Conference in Chicago.

Alyce Sterling Emerson, Lexington,

University of Kentucky College of Education middle school department, and 10 at the high school level. She plans to complete her doctoral dissertation in educational leadership as well as work part-time in her church’s educational program. She and her husband, Wendell, plan to travel and spend more time with family.

Eileen M. O’Brien, Lexington, was recognized by Chrysalis House as a 2008 Outstanding Community Honoree at the National Philanthropy Day awards luncheon in November.

C. David Morrison, Bridgeport, W.Va., was appointed to the board of directors for Consulting LLC, a professional service firm specializing in organization development and management, and a subsidiary of the international law firm of Steptoe & Johnson. He was also elected vice president and president-elect of the Energy and Mineral Law Foundation Board of Trustees, after serving three years on the executive committee and as secretary, and program chairman for the 2007 Annual Institute in Charleston, S.C.

Julie Duncan, Lexington, (above) coached the Cardinal Hill Rehabilitation Hospital’s men’s wheelchair basketball team, known as Hill on Wheels, to the National Wheelchair Basketball Association’s 2008 Division III national championship, held at Ohio State University. Julie was director of spinal cord injury recreation and athletics at Cardinal Hill. (Julie passed away February 24. An obituary will appear in the summer issue.)

Mark D. Goss, Lexington, joined the law firm of Frost Brown Todd in Lexington and will practice corporate and admin-
The Green Lantern is lit once again

Harry Somerville ’92 used to daydream about what it would be like to own a bar. Those daydreams became reality in November 2007 when he reopened the former Hideaway on the corner of Third and Jefferson Streets in Lexington as the Green Lantern. The name, of course, is a nod to the legendary Transy hangout that did business on the corner of Seventh Street and Elm Tree Lane for over 50 years under the watchful eye of Virginia Ayers Haycraft, affectionately known as “Mom” to her regulars.

“I can’t re-create the old Green Lantern,” Somerville said. “That would be impossible. But this is a tribute.”

Somerville, a native of Monterey, Ky., sees the new Green Lantern as a sort of shrine to Mom Haycraft, an important influence in his life when he was a student at Transy. The original Green Lantern was like a home away from home, a place where he always felt safe and welcome.

Somerville also spent time at the Hideaway, both during college and after graduation, and in those later years he forged a friendship with the bar’s owner, Phillip Mudd. When Mudd made a very attractive offer, Somerville couldn’t help but jump at the chance to own the business.

A relaxed, neighborhood bar, the atmosphere of the Green Lantern is reminiscent of the loose-feeling bars found in the Mississippi Delta area, where Somerville spent some time. The place is decidedly unpretentious.

“It doesn’t matter if you’re on food stamps or own a hundred thoroughbreds, everyone who walks through that door is treated the same,” Somerville said, quick to point out that there are only three rules to live by at the Green Lantern: watch your mouth, mind your manners, pay your tab.

Many argue that the original Green Lantern served the best cheeseburgers in town. The new Green Lantern serves up chili and what Somerville claims is the best jukebox in town. “I pit it against anyone’s,” he said.

A year ago, Somerville refurbished the adjoining property as a music venue. “It was a little store for a while, then sat empty for about 16 years,” he said. Now, it’s home to a dance floor, sitting area, and stage for live music three nights a week.

Transy students under the age of 21 need not attempt an evening at the Green Lantern, but their parents are another story. “Students need to be studying, not consuming, mind you, mind your manners, pay your tab,” Somerville said. “But I welcome Transy alums.”

He’s especially interested in hearing from anyone who may have photos or memorabilia from the original Green Lantern to be displayed on his walls, or from those who would simply like to share their memories. “We’ll take good care of anything that people would like to send,” he said.

Somerville can be found at the bar four nights a week, but he hasn’t given up his day job. He works in construction as a field manager, and said he’s lucky to have good people working for him at the Green Lantern, overseeing business when he can’t be.

invites them to participate in a two-year program of leadership development and pastoral reflection.

’95 Shane W. Rau and his wife, Melinda, along with their two cats, moved to Chapel Hill, N.C. Shane is a clinical assistant professor in the psychiatry department of The University of North Carolina-Chapel Hill, primarily focused as an attending psychiatrist working with the severely and persistently mentally ill. He’s also responsible for the administration of a clinical research unit and teaches psychiatry residents and medical students.

Jeanne Henzel Swartz, Oakland, Calif., exhibited her work at the San Francisco Museum of Modern Art during the “Art of Participation” show in December. The work, titled “Translucence/Relief,” was part of a larger conceptual piece titled “Public White Cube.”

’96 Kira Munson Campbell, Morehead, Ky., was a presenter at the Ceramics Ireland International Festival in September. Her work was featured in an exhibition as part of the festival, and she gave two lectures in addition to her demonstrations. Kira is currently a visiting assistant professor of art at Morehead State University.

’99 John W. Gragg, Lexington, was named general counsel/chief legal officer of Urban Active, which owns and operates 28 Urban Active Health and Fitness Clubs throughout Kentucky, Ohio, and Tennessee.

’00 Anupa S. Arya moved back to her hometown of Hazard, Ky., to accept a corporate leadership position with Appalachian Regional Healthcare. She is the system coordinator of public and community affairs for all nine ARH hospitals, seven of which are located in Kentucky and two in West Virginia. Anupa is also the interim director of marketing for the Williamson ARH Hospital.

’01 R. Alexander Dickerson, Nashville, earned his doctor of jurisprudence at Vanderbilt University in May 2008 and is a law clerk for Judge J. Randall Wyatt Jr. in
Matt Bricken ’02
Capitalizing on study abroad in England

For some students, study abroad is an interesting and valuable endeavor, but ultimately an interlude on their way to other career and life destinations. With Matt Bricken ’02, the experience had a much more profound impact, leading to career opportunities and influencing his decision on where to live.

Bricken’s semester in London, which included an internship with a Member of Parliament (MP), confirmed his interest in British politics and culture. His employment at the British Embassy in Washington, D.C., several years ago and his current residence in London, where he works for a market research company, are outcomes directly related to his study abroad experience.

“Study abroad was one of the features of Transylvania that was a big plus when I was looking at different colleges,” Bricken says. “I also found it very easy to arrange, with the great help you get from the Transy staff.”

Bricken completed the Transy/London Term at Regent’s College during winter term of his junior year. One of Transy’s more popular study abroad offerings, the program has American and international students living on campus in beautiful Regent’s Park while taking a variety of coursework and enjoying the cultural amenities of one of the world’s leading cities.

Besides taking courses in English literature and contemporary communications, Bricken landed an internship with an MP who was running for reelection. He was asked to stay on an extra four weeks to work on the MP’s eventually successful campaign.

“That was a very exciting and rewarding time,” Bricken says. “He invited me to come down to his constituency in south London to live and do the campaign with him. It was the biggest kind of confidence builder because I knew my hard work was being appreciated.”

After receiving his B.A. degree from Transy in political science, with a minor in communication, Bricken headed for Washington, D.C., to earn a master’s degree in political management from George Washington University. He spent the next two years taking courses at night while working during the day, including a six-month stint as coordinator of volunteers with the presidential primary campaign of then-U.S. Representative Dick Gephardt (D-Mo.).

In the early summer of 2004, Bricken received his M.A. from George Washington on a Saturday and began work at the British Embassy the following Monday. It was during the application and interview process for the embassy position that his Transy study abroad experience stood him in good stead.

difference. I was exactly what they were looking for.”

Bricken spent two-and-a-half years with the embassy, ending as research and policy analyst. An interesting part of his work was researching bills in Congress, providing the information to interested ministers or MPs in London, then arranging for them to travel from the UK and meet with American senators or representatives involved with the bill.

Bricken decided to return to London because the embassy work had no future for advancement (open only to British Foreign Service workers), and he was yearning to get some more experience in the UK. He worked first at Dod’s Parliamentary Communications, then joined YouGovStone in August 2008, where he is a senior research executive. The on-line market research agency provides tailor-made research to clients such as KPMG, Goldman Sachs, and the U.S. Embassy in London.

“YouGovStone is a step up for me, and also focuses more on the commercial side than the political research that I did at Dod’s,” Bricken says. “For instance, I did some work for a cellular phone company on the business angles. At Dod’s, I would have looked into the regulatory environment.”

Bricken lives in a flat (apartment) in Islington, a neighborhood in the heart of London, and rides the tube (subway) to work and entertainment destinations. He enjoys the opportunity to greet Transy students coming to London for the same Regent’s College semester Bricken enjoyed as a student.

“Kathy Simon (Transy’s director of study abroad and special programs) and I are in touch by e-mail as to who’s coming. I have them over for dinner and a good chat. It’s tons of fun for me to see people who are the age I was, coming to London and being excited about it all. And it lets me stay in touch with what’s going on at Transy.”

With each passing year and new career opportunity, Bricken sees the value of his Transylvania education, including courses with political science professor Don Dugi and writing, rhetoric, and communication instructor Gary Deaton.

“Dr. Dugi felt I did well in my junior seminar class that included a public research project, and that’s closely related to the work I’m doing now. You also have to know how to communicate with people, and Gary Deaton’s classes gave me many practical lessons that have been immediately applicable to my life and career.”

Bricken plans to return to the states sometime in the next few years and continue his career, possibly in the Washington, D.C., area.
The College of Optics and Photonics at the University of Central Florida in Orlando and joined Waltham’s Interactive Supercomputing as an application engineer. In July 2008, Andy completed the certificate in quantitative finance program offered by 7city Learning based in London, England, and in September, demonstrated Star-P (see above) at the High Performance on Wall Street conference in New York City.

‘03 Brandy Baldwin Jones, Lexington, received her master of social work degree from the University of Kentucky in May 2008, graduating summa cum laude with a specialization in school social work. She’s employed by the Fayette County Public Schools as a social worker at Bryan Station High School.

‘04 Helen E. Beaven, Morehead, Ky., was named instruction and outreach librarian at Morehead State University’s Camden-Carroll Library.

Janie M. Castle, Grundy, Va., graduated from Morehead State University in 2006 with a master of arts in teaching secondary biology and English grades 8-12. Janie worked as a middle school science teacher for two years and as a high school biology and integrated science teacher for one year. She’s in her second year at Appalachian School of Law and is an associate editor of the Appalachian Journal of Law, an officer in the Energy and Mineral Law Society, a peer tutor, and a research assistant.

G. E. Ryan Gilbert graduated with a master of divinity degree from the University of Chicago Divinity School in June. On June 15, he was ordained by the Christian Church (Disciples of Christ) at Woodland Christian Church in Lexington. Ryan lives with his wife, Greta Hicks Gilbert ’04, in Prestonsburg, Ky., where he is the associate pastor for youth at the First Presbyterian Church.

Joseph A. Meranda, Beaver Creek, Ohio, earned his M.D. from White Coat.

The charities World Vision and Save the Children have Sarah Mather ’08 to thank for her cross-country bike ride that raised $6,000 for the organizations. Mather began her journey in Yorktown, Va., on August 16, and traveled through Illinois, Missouri, Kansas, Colorado, Utah, and Nevada before ending in San Francisco on September 20, four days sooner than her goal of a 40-day trip. Depending on the terrain, Mather rode an average of 65-85 miles per day.

She began planning the trip in February, after writing a paper for a senior seminar class led by religion professor Paul Jones. Reflecting on the book God’s Politics by John Wallis, Mather said that Americans have the resources to help people, but not the motivation.

“I had become disillusioned,” she said.

After brainstorming with several of her professors and her pastor, Mather came up with the idea of the bike trip as her way of making a contribution to those in need. Rather than petition corporations for donations, she sent letters to individuals.

“I wanted the fundraising to be very community based,” she said. “People donated whatever they felt like they should donate.”

She rode by herself, but a support team followed in a car. “I would have been nervous riding through the desert if I was completely alone,” she said, Nevada being the hardest part of the trip.

Reaching her destination was an overwhelming and surreal experience, Mather said, and she was left with a renewed faith in the generosity of people.

“This trip taught me that people do want to help. People took me in; I stayed with families all along the way. It was a huge blessing and great surprise.”

Mather doesn’t have any plans for another cross-country trip. “I don’t think my parents would let me do another bike trip like that one,” she said, but she does plan to continue to raise money for charity. She’s not sure of the form her next project will take, but is considering organizing a 3-on-3 basketball tournament in Elizabethtown, Ky.
Medical Center before continuing his residency training in diagnostic radiology at the Cleveland Clinic.

Matthew A. Berry and his wife, Kay Kay Speer ’06, live in Lexington with their two dogs, Dallas and Mazen. Matt is a physical therapist and Kay Kay is working on her doctor of physical therapy degree at the University of Kentucky.

Christopher N. Carrington, Lexington, was sworn in as a police officer with the Lexington-Fayette Urban County Division of Police in August.

Misty K. Nall, Evansville, Ind., a third-year law student at Northern Kentucky University, Chase College of Law, has been elected executive editor of the Northern Kentucky Law Review.

Kelsey M. Blankenship-Frazee, New York City, represented Transylvania University on October 23 at the Barnard College presidential inauguration.

W. Michael Hughes, Louisville, entered first-year studies at the West Virginia School of Osteopathic Medicine in Lewisburg, W.Va.

Anne E. Redmon, Louisville, received her master of science in social work degree from the University of Kentucky in May and is social services director of Richmond Health and Rehabilitation Center in Richmond, Ky.

Elizabeth S. Buford moved to Seoul, South Korea, in May 2008 to pursue film acting and to improve her Korean language skills. She was cast as lead supporting actress for a major feature film that will be released in Korean theaters in early spring 2009, and is pictured here in her role as a Russian criminal. After filming and post production, she plans to continue teaching English part-time for Wall Street Institute and to audition for other film roles.

Matthew Allen Berry ’05 and Erin “Kay Kay” Speer ’06, August 2, 2008

Georgina Elizabeth Dunphy ’05 and Joe Bradley Collins, October 18, 2008

Asa Campbell McCracken ’03 and Amy Laura Miller, June 7, 2008

Mary Beth Dennis ’03 and Brian Carson, September 27, 2008

Sara Beth Morton ’03 and Aaron Spencer, September 6, 2008

Margaret Meredith Norment ’03 and Gregory Paul Eberhart, October 11, 2008

Matthew Allen Berry ’05 and Erin “Kay Kay” Speer ’06, August 2, 2008

William Arthur Freeman ’05 and Stephanie Joan Williams, June 14, 2008

BIRTHS

Tom Borcher ’88 and Valerie Louise were married in Cincinnati on September 6, 2008. Among the attendees were Jeff McNeil ’88 and Jill Stratton ’91.

Eric Michael Case ’94 and Lee Anne Lamonica, June 6, 2008

Kelly Elizabeth Hoskins ’99 and Jaret Dean Tyler, September 27, 2008

Asa Campbell McCracken ’03 and Amy Laura Miller, June 7, 2008

Mary Beth Dennis ’03 and Brian Carson, September 27, 2008

Sara Beth Morton ’03 and Aaron Spencer, September 6, 2008

Margaret Meredith Norment ’03 and Gregory Paul Eberhart, October 11, 2008

Matthew Allen Berry ’05 and Erin “Kay Kay” Speer ’06, August 2, 2008

Georgina Elizabeth Dunphy ’05 and Joe Bradley Collins, October 18, 2008

William Arthur Freeman ’05 and Stephanie Joan Williams, June 14, 2008

BIRTHS

Erin Brisbay McMahon ’88 and Kevin McMahon, a daughter, Lily Jean McMahon, October 21, 2008

Stephanie Brown-Newton ’90 and Timothy R. Newton ’90, a daughter, Julia Isabel Newton, August 4, 2008

Jane Baldridge Hesler ’92 and William Hesler, a daughter, Hannah Elaine Hesler, September 26, 2007

David C. Johnson ’92 and Susie Johnson, a son, William Douglas
ALUMNI BULLETIN BOARD

Travel to exciting destinations with fellow alumni in 2009, 2010

Trips being offered for 2009: Italian Lakes and Greek Isles (12-day tour departs October 30), Splendors of the Nile (12-day tour departs November 11), Europe's Christmas Markets (9-day tour departs December 5), California New Year's Getaway (5-day tour departs December 29).

Trips being planned for 2010: The Panama Canal (12-day tour departs January 21), Copper Canyon Adventure (9-day tour departs February 20), Springtime Tulip River Cruise (April).

For costs and a trip brochure, contact Natasa Pajic ’96, director of alumni programs, at (800) 487-2679, npajic@transy.edu.

Transy Golf Classic set for May 18

Join Transy’s athletics department and the alumni office for the 2009 Transylvania Golf Classic, a four-player scramble set for Monday, May 18, at the University Club of Kentucky. Registration and lunch will be at 11 a.m., followed by a noon shotgun start. Sponsorship opportunities are available.

For more information on the tournament or sponsorships, contact Cindy Jacobelli, associate director of athletics, at (859) 233-8663, cjacobelli@transy.edu, or Mark Blankenship ’81, director of development, at (859) 233-8402, mblankenship@transy.edu.

Get your Transy license plate and help support scholarships

Alumni, students, faculty, staff, parents and friends living in Kentucky purchased or renewed 601 Transylvania license plates in 2007—a mere three tags shy of tying Centre College, which eked out its fifth straight win with 604 plates. Georgetown College captured third place with 554 plates. The University has received $26,090 from the license plate sales for the scholarship fund since the program began five years ago ($10 from each plate sold).

Vehicle owners who already have a Transy tag can get the redesigned tag any time at the county clerk’s office or in the owner’s birth month when the annual registration fee normally comes due. Cost of the new license plate is $44 the first year and $31 in subsequent years to renew. Regular issue plates are $21 the first year and $21 to renew. Take photo identification, vehicle title, and proof of insurance to the county clerk’s office. Vehicle owners with regular issue “Unbridled Spirit” license plates must return the old plate to the county clerk’s office to obtain a new Transy plate.

For more information and for contact information for your county clerk, visit the Kentucky Motor Vehicle Licensing System Web site at www.mvl.ky.gov

Transy hosts luncheon at General Assembly

Make plans now to attend the Transylvania luncheon at the General Assembly of the Christian Church (Disciples of Christ) in Indianapolis on Friday, July 31, at 12:15 p.m. Tickets are $20. For exact location and more information, contact Tracy Stephens Dunn ’90 in the Alumni Office.

Transy hosts luncheon at General Assembly

Help crimson go green

There are lots of ways to stay connected to your alma mater while protecting the environment and helping Transy weather the economic crisis: make sure your e-mail address is current by contacting Elaine Valentine at alumni@transy.edu; join the alumni on-line community at www.alumni.transy.edu; make donations on-line at www.transy.edu/giving; register for Alumni Weekend 2009 and other events at www.transy.edu/alumni.

If you are on Facebook, be sure to join the official Transylvania University Alumni Association group. Feel free to share other ideas on how alumni can help Transy in its Crimson Goes Green effort by contacting Natasa Pajic ’96, director of alumni programs, at (800) 487-2679 or npajic@transy.edu.

To contact the Alumni Office:

Natasa Pajic ’96, director of alumni programs, npajic@transy.edu

Tracy Stephens Dunn ’90, assistant director of alumni programs, tdunn@transy.edu

Elaine Valentine, administrative assistant, alumni@transy.edu

Phone: (800) 487-2679 or (859) 233-8275
Fax: (859) 281-3548
Mail: 300 North Broadway, Lexington, KY 40508

Transy vs. Hanover Baseball Challenge is April 22

The Transy vs. Hanover Baseball Challenge is set for Wednesday, April 22, at 7 p.m. at Applebee’s Park, home of the Lexington Legends minor league team. The game will take place just two days before Alumni Weekend 2009 (April 24-26).

The Bluegrass Alumni Chapter will host a picnic dinner for alumni, parents, and families at the park prior to the game. For more information, contact the alumni office at (859) 233-8275. Watch your mailbox and e-mail for more information.

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Gianna Kenney, November 21, 2008
Erin Hensley Peach ’03 and Joe Peach, a son, Benjamin Bradley Peach, June 13, 2008

OBITUARIES

Only alumni survivors are listed

Lee Graham Berry ’39, Lexington, died October 18, 2008. At Transylvania, she was a member of Lambda Omega. An assistant for the original Public Works Program, she was a member of Central Christian Church and volunteered over 35 years for Good Samaritan Hospital. She was the former president for the Medical Auxiliary, Fayette County PTA, and Lexington Women’s Club.

Helen Little Hammonds ’39, Lexington, died October 23, 2008. She served in the Civil Defense in the 1950s, and worked at the University of Kentucky Medical Center. She was a member of Park United Methodist Church and several bridge clubs.


Ralph W. Mohney ’40, Chattanooga, died October 14, 2008. At Transylvania, he was a member of Pi Kappa Alpha fraternity. He was the former president of Tennessee Wesleyan College, long time senior minister of First Centenary United Methodist Church, and Distinguished Evangelist in Residence with the United Methodist General Board of Discipleship. He earned the bachelor of divinity degree from Boston University and the doctor of divinity degree from Emory and Henry College. He received the Distinguished Service Award from the Downtown Kiwanis Club in 2008 and has been listed in Who’s Who of America since 1962.

Mark F. Rice ’42, Salvisa, Ky., died August 11, 2008. At Transylvania, he was a member of Delta Sigma Phi fraternity. He was a high school band director in the Floyd and Magoffin County, Ky., school systems. He received a master’s degree from the University of Kentucky and was on the summer teaching staff at Alice Lloyd College for several years.

Jane Gregory Greenwood ’48, Louisville, died October 7, 2008. At Transylvania, she was a member of Delta Delta Delta sorority. She was a secretary for The Courier-Journal, and a member of Epiphany United Methodist Church and the Pleasure Ridge States Navy Construction Battalion (Seabees) and was a longtime member of the Civil War Round Table. He was an electrician and retired from the Lexington Herald-Leader. He was a member of the Athens Christian Church.

Jane K. Roe ’50, Lexington, sister of Betty Roe Britt ’55, died December 9, 2008. At Transylvania, she was a member of Lamps and Women’s Independent Group. She received a master’s degree in social work from Tulane University and was a social worker in Georgia and Kentucky for 40 years. She retired from Lexington City Schools and was a member of Central Christian Church.

Joan Wadsworth White ’50, St. Petersburg, Fla., wife of Richard C. White ’50, died December 26, 2008. At Transylvania, she was a member of Chi Omega sorority.

William G. Workman ’51, Madisonville, Ky., died November 21, 2008. At Transylvania, he sang in the a cappella choir. He was a retired Episcopal priest. He served at Christ Church in Lexington, as chaplain to the Canterbury Club at the University of Kentucky, at the Church of the Ascension in New York City, and as canon precentor of the Washington National Cathedral in the 1960s. He received a master’s degree from Johns Hopkins University and was chaplain to St. Paul’s School for Boys and assistant to the rector at Old St. Paul’s Parish in Baltimore.

Newell E. Hobgood-Martin ’52, mother of Kathryn Martin Thompson ’79, and sister of Ben C. Hobgood ’50 and William C. Hobgood ’58, died December 11, 2008. At Transylvania, she was a member of Delta Delta Delta sorority. She was retired from teaching in the Bell County, Ky., school system.

Joan Lewis Millard ’53, Lexington, mother of Meredith Millard Moody ’83 and sister of Barbara Lewis Petrou ’56, died November 30, 2008. At Transylvania, she was a member of Chi Omega sorority. She taught at Bryan Station High School and Fugazzi Business College in Lexington and was a member and past national president of the Order of the Daughters of the King.

Mary Lee Somers Caldwell ’55, Kennesaw, Ga., died April 7, 2006. She sang with the Atlanta Symphony Orchestra Chorus.

the University of Alabama in Birmingham. She taught English, Spanish, and French at Westside High School and Talladega High School. She also worked at the Talladega newspaper, *The Daily Home*, writing a gardening column and covering local politics. After relocating to Birmingham in 1983, she taught English literature and social science to gifted students at Huffman High School. She was a member of the advisory committee for Writing Today, an annual writers’ conference at Birmingham-Southern College, and served as the chair of the 2004 conference. She was a longtime member of the Cathedral Church of the Advent, and a 10-year member of the UAB Breast Cancer Support Group.

Laurence R. Jeffries '56, New Castle, Ky., father of Rae Lynn Jeffries Morgan ’80 and Janet Jeffries Diven ’83, died November 7, 2008. At Transylvania, he played on the basketball and baseball teams. He served in the United States Army and was personnel director for Page Aircraft Inc., director of the YMCA of El Paso, Tex., and a YMCA executive in Oklahoma City. When he retired in 1967, he was a teacher and farmer in Henry County, Ky., and became president of the American Forage and Grasslands Council, presenting programs in the United States and Canada.

Shirley Hughes Stetson ’57, Dayton, Ohio, died December 20, 2008. At Transylvania, she was a member of Phi Mu sorority. She taught school in Louisville, Covington, Ky., and Dayton and retired as a broker at Keys Realtors.

Peggy Blankenship Lawhorn ’58, Caldwell, Idaho, wife of Carrol Lee Lawhorn ’58 and mother of Timothy L. Lawhorn ’79, died November 28, 2008. She sang in Christian Church choirs for many years. A Peggy Ann Lawhorn Scholarship fund has been established at Transylvania. Tax deductible memorial gifts may be made to the fund by calling (859) 233-8275 or (800) 487-2679.

Larry T. McGehee ’58, Spartanburg, S.C., husband of Elizabeth “Betsy” Blood McGehee ’61, died October 25, 2008. He was professor emeritus of religion and retired administrator at Wofford College, former chancellor of the University of Tennessee Martin, and former administrator at the University of Alabama. At Transylvania, he was president of Kappa Alpha Order, a member of Phi Mu sorority. He was a financial aid coordinator at Transylvania, she was a member of Phi Mu sorority. She taught school in Louisville, Covington, Ky., and Dayton and retired as a broker at Keys Realtors.

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Christian K. Nielsen ’62, Lexington, husband of Patricia Alexander Nielsen ’61 and father of Andrea E. Nielsen ’88, died November 25, 2008. At Transylvania, he was president of Interfraternity Council, vice president of Pi Kappa Alpha fraternity, a member of the Rambler staff, vice president of the Pep Club, and played drums in the band. Early in his career, he worked for Pan American World Airways. After returning to Lexington, he was dean of men at Transylvania, and later was manager of The Oaks. He retired from Chase Bank in 2001, where he was a property manager and real estate officer. He was an active member of Crestwood Christian Church, where he served in several capacities, an active member of the Lexington Lions Club and the Syd Lawrence Orchestra Society, and a dedicated volunteer at the Jessamine County Habitat ReStore. His lifelong interest in big band music was shared with many through his nationally syndicated public radio programs, “Sentimental Journey,” “One Night Stand,” and “Make Believe Ballroom,” which originated from WUKY, the campus station at the University of Kentucky. One of the organizers of Lexington Youth Soccer Association, he coached soccer, including the Select Team from 1979-1984. In 2007, Transylvania presented him with a Distinguished Achievement Award in recognition of extraordinary achievements in his career and service to society. Other honors include the Lexington Lions Club Melvin Jones Award and Habitat for Humanity Volunteer of the Year Award for 2008. At Transylvania, he played on the bas-
ALUMNI WEEKEND | April 24-26, 2009

Join your Transy family for a fun-filled weekend and relive old times with classmates, friends, and faculty members.

Highlights will include:

FRIDAY
- T-Day Golf Outing
- Alumni Day at the Races
- Pioneer Hall of Fame Dinner
- 0-3 Year Reunion
- TGIF Party

SATURDAY
- Alumni Celebration Luncheon
  Keynote speaker: Clyde Roper ‘59, zoologist emeritus, the Smithsonian Institution. Presentation of Morrison Medallion, Irvin E. Lunger Award, Outstanding Young Alumni Award, and Distinguished Service and Distinguished Achievement Awards.
- All Alumni Reunion Reception and Class Celebrations
- Dessert and Dancing

SUNDAY
- Robert Barr Society Breakfast
- Alumni Chapel Service

An invitation and registration form were mailed to alumni in March.

Check the Transy Web site at www.transy.edu (choose For Alumni, News & Events, Reunions/Alumni Weekend) for reunion class pages and a detailed schedule.

Make your hotel reservations EARLY as other events are scheduled in Lexington that weekend.
The Transylvania campus received a thick coating of ice and snow from a major winter storm that spread across Kentucky January 26-29, leaving over 700,000 without power. Downed limbs, trees, and power lines prompted a rare occurrence—the cancellation of classes for nearly two days. This view, taken by Rebecca Rauh, a first-year student from Louisville, is from Fourth Street and looks past the Clive M. Beck Athletic and Recreation Center to Haupt Humanities, center, and the Mitchell Fine Arts Center.